



Tourismusverband Ferienregion **Kronplatz**

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Easy walks in the Holiday Region Kronplatz

Earth pyramids

Starting point: Hamlet Platten

End point: Earth pyramids (1,550 m)

Marking: 6 (red)

Total walking time: about 1 hr.

Difference in altitude: 300 m

Level of difficulty: easy

Path description: Start your tour at the car park in Platten/Oberwielenbach, which is easily accessible by car from Percha. Follow the marking 6 (red) on the left through the wood to the earth pyramids.

Rest stop: Inn Schönblick (tel. 0039 0474 401182)

Amaten

Starting point: Bruneck

End point: Amaten (1,260 m)

Marking: 2, 5

Total walking time: 3 hrs.

Difference in altitude: 400 m

Level of difficulty: easy

Path description: Walk along the flat street from Bruneck to Dietenheim and Aufhofen. Turn right at the mansion Söll in Aufhofen (marking 2) and walk slightly up towards the "Bärental" valley until you reach a parting of the way after about 30 minutes. Turn right there (marking 5) and go up to the mountain inn Amaten.

Rest stop: mountain inn Amaten (tel. 0039 0474 559993)

Panorama path Olang–Bruneck

Starting point: Olang

End point: Bruneck

Marking: 15, 14

Total length of path: about 15 km

Total walking time: about 1 ½ hrs.

Difference in altitude: about 200 m

Level of difficulty: easy

Path description: From the parish church in Niederolang take the path (marking 15) towards the Riedler farms to the Ried forest. The path leads to the Lamprechts castle and on (marking 14) to Bruneck. Return to Olang by public transport.

Cultural walk

Starting point: Olang

End point: Olang

Marking: 9, 14, 15

Total length of path: about 40 km

Total walking time: 4 hrs.

Difference in altitude: about 350 m

Level of difficulty: easy

Path description: From the parish church in Niederolang go to the wayside shrine, walk on to the Urthaler farm and follow the steep path (marking 9) up to Bath Scharthl (1,435 m). Take the path (marking 14) to the Kreuzscharthl, then walk along the Kaser stream down to the farms Zangerlechen and Moaskirchen. Walk past the Lamprechts castle (marking 15) and on to the hamlet Ried, cross the Ried forest and return to Niederolang.



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Sonnenburger Leite

Starting point: St. Lorenzen (810 m)

End point: St. Lorenzen

Marking: 6, blue-white

Total length of path: about 3 km

Total walking time: about 1 hr.

Difference in altitude: 50 m

Level of difficulty: easy

Path description: From St. Lorenzen follow the Gadertaler street, cross the wooden bridge and walk towards Sonnenburg castle. Cross the street there and walk along the "Sonnenburger Leite" (marking 6, blue-white) and on to the East bridge at the Holy-Cross-Street. Return to St. Lorenzen along the Rienz promenade.

Bachwiesen farm

Starting point: St. Lorenzen (810 m)

End point: Stefansdorf (964 m)

Marking: 4, blue-white

Total length of path: about 4 km

Total walking time: about 1 hr.

Difference in altitude: 150 m

Level of difficulty: easy

Path description: Start your walk in St. Lorenzen and go towards the east to the train underpass. Cross the street of St. Martin and turn left towards the Mühlbachl. Turn right at the "oven" towards the Bachwiesen farm and the Hausstätter farm until you reach the village Stefansdorf.

Rest stop: Bar Mair (tel. 0039 0474 548083), Farmhouse Messnerhof (tel. 0039 0474 548352), Hotel Mühlgarten (tel. 0039 0474 548330), Inn Herta (tel. 0039 0474 548272)

Pflaurenz and Maria Saalen

Starting point: St. Lorenzen (810 m)

End point: Maria Saalen

Marking: 8, blue-white

Total length of path: about 6 km

Total walking time: about 1 ½ hrs.

Difference in altitude: 150 m

Level of difficulty: easy

Path description: Start your walk at the village square in St. Lorenzen and follow the railway line to Pflaurenz, staying on the left side of the Gader stream (marking 8), cross the second bridge on the left and walk on to the industrial area Aue. The path passes underneath the Schraffl farm to the Tangler farm and goes on to Maria Saalen.

Rest stop: Hotel Saalerwirt (tel. 0039 0474 403147)

Mountain Inn Haidenberg

Starting point: Stefansdorf (964 m)

End point: Haidenberg (1.345 m)

Marking: 4/12, red-white-red

Total length of path: about 3 km

Total walking time: about 1 hr.

Difference in altitude: 320 m

Level of difficulty: easy

Path description: Start at the church in Stefansdorf and walk along an asphalt road, forest paths (marking 4/12, red-white-red) and meadows to the mountain inn Haidenberg.

Rest stop: Mountain Inn Haidenberg (tel. 0039 0474 548062)



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Round tour to Maria Saalen

Starting point: St. Lorenzen (810 m)

End point: St. Lorenzen

Marking: 8a, 12a, white-red

Total length of path: about 15 km

Total walking time: about 4 hrs.

Difference in altitude: 600 m

Level of difficulty: easy

Path description: From the village square in St. Lorenzen go towards the east to the train underpass and walk along the road to the village St. Martin. Turn right at the crossroad at the Hotel Martinerhof (marking 8a), walk past the Michels castle and to the village Moos. Walk along the edge of the forest to the Loach meadow and via the Krinnerscharte (notch) to Pfaffenberg (1,146 m). Return to St. Lorenzen on the path 12a which passes the villages Maria Saalen and St. Martin (marking 1).

Rest stop: Hotel Martinerhof (tel. 0039 0474 479444), Hotel Saalerwirt (tel. 0039 0474 403147)

Pidig alp and Kradorfer alp

Starting point: St. Magdalena "Talschluss" hut (1,465 m)

End point: Pidig alp und Kradorfer alp (1,694 m)

Marking: 49

Total length of path: about 7 km

Total walking time: 2 hrs.

Difference in altitude: 239 m

Level of difficulty: easy

Path description: Start at the hut called „Talschlussshütte“ in St.Magdalena/Gsies and walk into the valley for about 10 minutes to the last farms. Walk straight on where the access road of the alp starts until you reach a footpath on the right side. You can either go straight on or follow the footpath (marking 49). If you take the footpath you have to cross the stream and go up for a short time. Then the flat path leads to the Pidig alp (orographically on the right side) and to the Kradorfer alp (situated on the opposite side of the valley).

Rest stop: Kradorfer Alp (tel. 0039 0474 948043, 0039 348 6716207), Messner hut (tel. 0039 340 4963098)

Wonder of nature - the Gsieser mountain pasture path "Almweg 2000"

Starting point: St. Magdalena "Talschluss" hut (1,465 m)

End point: mountain pasture path "Almweg 2000"

Marking: 47, 48, red point

Total length of path: about 15 km

Total walking time: 5 hrs.

Difference in altitude: 730 m

Level of difficulty: easy

Path description: Start at the hut called „Talschlussshütte“ in St.Magdalena/Gsies and take the road (marking 47) on the right which leads through the Köfler valley up towards the south-east. Turn right at the parting of the way and walk along the forest path (marking 48) through the wood and up to the Tscharniet Alp (1,976 m). Walk on to the Kasermähder Alp (2,048 m), Gipfel Alp (2,104 m), Kaser Alp, Stumpf Alp (2,003 m), Kaser Alp (2,076 m) and Uwald Alp (2,042 m). Then go back down (marking 12) to the starting point.

Rest stop: Stumpf alp (tel. 0039 0474 948146), Kaser alp (tel. 0039 0474 948094), Uwald alp (tel. 0039 0474 948051)

Big castle tour

Starting point: village centre Welsberg (1,087 m)

End point: village centre Welsberg

Marking: 41a, 38



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Total length of path: about 6 km

Total walking time: 2 hrs.

Difference in altitude: 116 m

Level of difficulty: easy

Path description: Walk from the village centre in Welsberg past the newly built houses, then straight on and turn left at the turn-off. Walk to the castle Welsperg (marking 41a) and through the forest on a wide, flat path. Walk into the valley on the east side of the Gsieser stream, cross the bridge and walk along the Gsieser road to the Thurner castle hill. Walk up the hill to reach the castle ruins. Then go along the Gsieser road out of the valley, turn left and walk back to the starting point along the footpath (marking 38).

Mudler farm

Starting point: Taisten (1,203 m)

End point: Mudlerhof (1,584 m)

Marking: 21, 31

Total length of path: about 10 km

Total walking time: 3 hrs.

Difference in altitude: 383 m

Level of difficulty: easy

Path description: Start in Taisten and walk to the west edge of the village (marking 21). Then walk through meadows and past farmhouses westwards to the Teuffen valley. Cross the valley to reach the farms Breitwiesen. Turn right and follow the marking through meadows and forest and past farmhouses up to the Mudler farm (1,584 m). There walk down to the Guggenberg farm (1,407 m) and along the path (marking 31) back to Taisten.

Rest stop: Mountain Inn Mudlerhof (tel. 0039 0474 950036)

Lotter path

Starting point: Taisten (1,203 m)

End point: Henzing (1,200 m)

Marking: 21, 31, 21b, 28, 55

Total length of path: about 13 km

Total walking time: 4 ½ hrs.

Difference in altitude: 470 m

Level of difficulty: easy

Path description: Start in Taisten and walk up (marking 21) to the western edge of the village and then along the Unterrainer Street to the crossroad near the Hotel Alpenhof. Turn right into a small street (marking 31) to reach the Guggenberg farms (1,407 m). Cross meadows and woods on the mainly flat walking path (marking 21b) until you reach the hamlet Mitterberg (Emmersberg, 1,418 m), walk up to the Riedl meadows (1,675 m) and cross the Taistner stream. The forest path and the street called „Höfestraße“ (marking 28) lead down to the Oberhaus farmhouse (1,503 m) and to the hamlet Maraberg (Jetzberg, 1,431 m). Walk eastwards through meadows and woods to the hamlet Haspa and up to the Ladstatt farmhouse. Cross the Rudl rift valley and go on to the Hölzl farm. Then walk along the „Höfe“ street (marking 55) to the hamlet Schindelholz (1.470 m) in the northeast and from there through woods and meadows down to the hamlet Henzing in the southeast and to the bus stop along the Gsieser road. Take the regular bus back to Taisten.

Rest stop: Farmhouse Seppila (tel. 0039 0474 950204)

Panorama path

Starting point: school in Pfalzen

End point: village centre in Pfalzen

Marking: red point, 18

Total walking time: about 3 hrs.

Difference in altitude: 200 m



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Level of difficulty: easy

Path description: Walk from the school in Pfalzen to the Tiefentaler farm (marking red point), walk past the farm on the right side and up to the wood until you reach a sharp turn. Turn right there (marking red point), steep up and then almost even through the forest to the „Bachstöckl“ and on to the Lechner farms. At the access road to the farms go down to the Kofler street. Turn right and walk out of the forest. Now walk through meadows (marking red point) along the walking path (marking 18) to the Riedinger path and back to the village centre.

Circular walk in Pfalzen

Starting point: sport fields in Pfalzen (1,022 m)

End point: village centre

Marking: 5

Total walking time: 2 ½ hrs.

Difference in altitude: 100 m

Level of difficulty: easy

Path description: Start at the sport fields in Pfalzen and follow the signs "Zum See" ("To the lake"). Walk southwards to the edge of the forest and then go westwards (marking 5). Turn left and follow a beautiful, flat forest path and turn right just before Issing. Walk slightly up through meadows to Issing and westwards along the road to the turn-off which leads to the castle Schöneck. Walk up (do not take the path marking 7 on the right nor the path on the left which leads to the castle), turn right into the "Höfe" path and go on to the Alpegger farm. Walk eastwards and return to Pfalzen on the street which leads to Platten.

Rest stop: Inn Tanzer in Issing (tel. 0039 0474 565366), Sport bar Pfalzen (tel. 0039 0474 528336)

The „Unterberg“ (Lower Mountain) of Pfalzen

Starting point: sport fields in Pfalzen

End point: sport fields in Pfalzen

Marking: 17, 8, 6

Total walking time: 3-4 hrs.

Difference in altitude: 100 m

Level of difficulty: easy

Path description: Start at the sport fields in Pfalzen and take the forest path (marking 17) towards the east, walk uphill to the junction right after the water reservoir. Go westwards there (marking 8, sign „Irenberg“) to the Inn Irenberg, walk on along the access road to the northeast to the edge of the forest (marking 6) and down to the hamlet Issing (sign „Zum See“/ „To the lake“). Walk along the right side of the fence, on towards the east and back to the starting point.

Rest stop: Inn Irenberg (tel. 0039 0474 528247), Restaurant Issinger See (tel. 0039 0474 565525), Inn Tanzer in Issing (tel. 0039 0474 565366), Sport bar Pfalzen (tel. 0039 0474 528336)

Biotope walk

Starting point: community and arts centre in Oberrasen

End point: community and arts centre Oberrasen

Total length of path: 6 km

Total walking time: 2 hrs.

Difference in altitude: 10 m

Level of difficulty: easy (also with baby carriage)

Path description: Start at the community and arts centre in Oberrasen and walk along the river towards Antholz (signs „Biotop“). After about 1 km turn right to the edge of the forest and walk north to the biotope and walk through it. Walk along the river back to Oberrasen.

On the tracks of the Ancient Romans

Starting point: Kiens (782 m)



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End point: Kiens

Marking: 5

Total walking time: 1 ½ hrs.

Difference in altitude: about 40 m

Level of difficulty: easy

Path description: Start at the tourist office in Kiens. Cross the main road and the Rienz bridge (train underpass) and take the forest path to Ehrenburg. Walk past the Roman cornerstone to the cycle lane which goes parallel to the railway track. Return to the startin poing via the Rienz bridge.

Farm walk

Starting point: church square in St. Sigmund (823 m)

End point: church square in St. Sigmund

Marking: 9, 10 (blue-white), 3, 7 (red-white)

Total walking time: 3-4 hrs.

Difference in altitude: about 400 m

Level of difficulty: easy

Path description: Start at the church square in St. Sigmund and walk along the street „Im Peuren“ to the Kahlerfarm, then uphill to the Aichner farm (1,016 m), past the Falkensteiner farm and at the bend straight on to Guggen farm (1,166 m). At the junction the path leads past the big granite block and then down to the Langloacher farm. At the clearing go down to the Schifferegger farm and return to the starting point.

Rest stop: Farmhouse Schifferegger (tel. 0039 0474 569509)

Montal and Runggen

Starting point: Ehrenburg (806 m)

End point: Ehrenburg

Marking: 10b, 10, 10a (red-white)

Total walking time: about 3-4 hrs.

Difference in altitude: about 260 m

Level of difficulty: easy

Path description: Start in Ehrenburg and cross the bridge over the Moar stream and walk to the Golser farms and on to the Brandter farm. Go east at the next big bend, across the wood down to the Rainer farm in Montal. Walk along the main road for about 50 m, then go east to the hamlet Runggen, turn at the first bend towards the west and return to Ehrenburg.

Rest stop: Farmhouse Lerchner's (tel. 0039 0474 404014)

Hamlet in Issing

Starting point: Gisser Eck in St. Sigmund

End point: St. Sigmund

Marking: 2, 1 (blue-white), 4

Total walking time: about 4 hrs.

Difference in altitude: about 240 m

Level of difficulty: easy

Path description: Start at the Hotel Gisser and walk along the asphalt road next to the Kahler stream and turn right to the Rasteiner farm. Walk on across meadows to the edge of the forest. The walking path (marking 2) leads eastwards through the forest and past the farm cheese dairy Gatscher all the way to Kiens. Walk on (marking 1, 4) to the Decker farm, along the road to the Hitthaler farm and along a narrow path to the Neller farm. The path (marking 1) goes past the Perchner farm and then along the street to the hamlet in Issing. Walk back to Kiens (marking 1) and return to St. Sigmund (marking 2).



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Panorama path

Starting point: village car park Terenten (1,210 m)

End point: village car park

Marking: 1, 1a

Total length of path: 20 km

Total walking time: 4 hrs.

Difference in altitude: 300 m

Level of difficulty: easy

Path description: Start at the village square and walk westwards for about 300m to the Hotel Tirolerhof. Follow the biotope path "Pirchner Moos". Above the biotope walk westwards again (marking 1a) to the farm Stricknerhof in Pein, then walk to Margen (marking 1), to the inn Hauerhof and to the farmhouses Hansleitnerhof and Jakobehof. In Mühlen cross the Terner valley above the earth pyramids and walk east (marking 1) to the Walder farm. Return to the starting point along the Walderlaner and Ast street.

Rest stop: Inn Hauerhof (tel. 0039 0472 546214)

Waterfall Klammbach

Starting point: sport fields in Antholz Mittertal (1,250 m)

End point: Klammbach waterfall

Marking: 3

Total length of path: 4 km

Total walking time: about 2 hrs.

Difference in altitude: about 300 m

Level of difficulty: easy

Path description: Start at the sport fields in Antholz Mittertal, walk to the Egger farms, turn right and follow the forest path (marking 3) for about 45 minutes. The waterfall Klammbach is underneath the Berger alp.

Rest stop: Farmhouse Egger (tel. 0039 0474 493030, 0039 335 5324449)

Müllerkofl path

Starting point: Antholz Mittertal (1,250 m)

End point: Antholz Mittertal

Marking: 1

Total length of path: 7 km

Total walking time: about 2-3 hrs.

Difference in altitude: about 120 m

Level of difficulty: easy

Path description: Cross the main road to the Rieder farm in Antholz Mittertal, walk out of the valley (marking 1) to the Burgegger mill, to the Burgegger farm until you reach the farmhouse Nössler where you can also have a snack. Walk along the other side of the valley to the Hotel Johanneshof and return to the starting point.

Rest stop: Farmhouse Nösslerhof (tel. 0039 0474 492211), Hotell Johanneshof (tel. 0039 0474 492107)

Schwörz alp

Starting point: sport fields in Antholz Mittertal (1,250 m)

End point: Schwörz alp (1,680 m)

Marking: 3, 10

Total length of path: 14 km

Total walking time: about 3-4 hrs.

Difference in altitude: about 440 m

Level of difficulty: easy

Path description: Start at the sport fields in Antholz Mittertal, walk to the Egger farms, walk along the forest path (marking 3) on the right until you reach the Berger and Brenn alp. Cross the Klamm stream a little above the alps



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and walk to the Schwörz alp. Go downhill to the Steinzger farm along the Kornbrennten path (marking 10), and return to the starting point walking along the right brookside.

Rest stop: Schwörz alp (tel. 0039 348 8883489)

Neuhaus castle

Starting point: Inn Sonne in Gais

End point: Inn Sonne

Marking: 5, 1

Total length of path: about 5 km

Total walking time: 2 ½ hrs.

Difference in altitude: 150 m

Level of difficulty: easy

Path description: Take the path (marking 5) which starts at the car park of the Inn Sonne at the city boundary of Gais next to the Tauferer street. The path goes uphill and then leads to the castle Neuhaus through a lovely forest path. The castle cannot be visited but you can stop at the nearby inn for a snack. Go downhill the access asphalt road which leads northwards, turn left (sign) and walk along the beautiful forest path (marking 5) to the Baustadl farm. Walk on, cross the wooden bridge to reach Uttenheim. This walk takes about one hour. Cross the valley street in Uttenheim and the river Ahr, turn right and return to Gais along the asphalt road and the cycle path.

Rest stop: Castle tavern Neuhaus

Bären valley

Starting point: parish church in Gais

End point: village centre in Gais

Marking: cycle lane leading to Bruneck

Total length of path: about 4 km

Total walking time: 1 ½ hrs.

Difference in altitude: 50 m

Level of difficulty: easy

Path description: Start at the parish church in the centre of Gais. Walk along an asphalt path through fields and meadows towards Bruneck. At the „Hohe Kreuz“ a path leads to the little village Aufhofen. Follow the sign „Kehlburg/Tesselberg“ to the farmhouse Bärenental. Take the gravel path next to the farmhouse and walk on for another 20 minutes to return to the starting point.

Gaisinger Waal path

Starting point: parish church in Gais

End point: village centre in Gais

Marking: 2, 0

Total length of path: about 4 km

Total walking time: 1 ½ hrs.

Difference in altitude: 50 m

Level of difficulty: easy

Path description: Start at the parish church in Gais, cross the Ahr bridge and go eastwards. There is a sign at the Talfrieden street which shows the way of the Waal path: walk along this street, past some houses to the northeast and uphill to the forest where the Waal path starts. Walk along this rather flat path, through steep hillsides, south to the “Kanzel” (lectern). Walk to the end of the Waal path, which results in a wide path north of the Bärenental (bear valley) farm. Turn sharply to the right and walk slightly up through meadows and fields back to the starting point.

Kehlburg and Amaten



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Starting point: parish church in Gais

End point: village centre in Gais

Marking: 2, K, 5

Total length of path: about 8 km

Total walking time: 2 ½ hrs.

Difference in altitude: 750 m

Level of difficulty: easy

Path description: Start at parish church in Gais, walk up between some houses northeast to the forest (marking 2). Cross the forest until you see some farmhouses amidst meadows. Go on through the forest towards the south to the Kehl castle, a ruin which is situated on a small hill on 1,187 m. Walk on (marking K) to the beautifully situated farms of Amaten where you can stop for a snack. Walk on through the steep hillsides in the northwest (marking 5) to the Bärenthal (bear valley) farm, return to Gais along the fields.

Panorama walk

Starting point: St. Martin in Thurn (1,127 m)

End point: St. Martin in Thurn

Total length of path: 6 km

Total walking time: about 2 ½ hrs.

Difference in altitude: 265 m

Level of difficulty: easy

Path description: Start at the church square in St. Martin in Thurn and walk towards Pikolein. There is a path on the right side between two houses just before the bridge which leads over the Gader stream. Walk to the fishing pond „Vistles“ and then to the Lovara-farm, where you turn left. Walk along the Gader stream to the houses „Preroman“. Cross the main road and follow the street which goes up in bends and leads to the hamlet „Costa“. Return the same way. From „Lovara“ take the path between the house and the stable and uphill to the houses „Restalt“. Take the path there and you will reach the village centre of St. Martin within a few minutes.

Mill walk

Starting point: Campill (1,398 m)

End point: Seres (1,605 m)

Marking: 4

Total length of path: 5 km

Total walking time: 2 hrs.

Difference in altitude: 207 m

Level of difficulty: easy

Path description: Leave at the parish church in Campill, go southwest to the guesthouse Alpi and turn right there. Cross the meadows until you reach the houses „Frëina“. A small path leads through the meadows to the hamlet Seres and to the centre of Seres. There are several aesthetic rural buildings around the central square, which is considered to be among the most beautiful ones in the Gader valley. Walk past the business buildings to get out of Seres. Walk up towards the Seres stream to the Mühlen (mill) valley where you can marvel at some restored mills. Cross the stream to reach the houses „Misci“ and walk down there. Return to Campill walking along the asphalt road.

Rest stop: Inn Tlisöra (tel. 0039 0474 590145), Inn Lüch de Vanc' (tel. 0039 0474 590108)