



Tourismusverband Ferienregion **Kronplatz**

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## Medium difficult hikes in the Holiday Region Kronplatz

### Oberwielenbacher Talile (valley of Oberwielenbach)

Starting point: Oberwielenbach

End point: Oberwielenbach

Marking: 1

Total walking time: about 5-6 hrs.

Difference in altitude: 700 m

Level of difficulty: medium

Path description: Start at the village Oberwielenbach, which is only 7 km far from Percha and accessible by car. Take the "Güterweg" (goods path) (marking 1), which is closed for public transport, and go through the Wielental valley. Walk along the stream slightly up to the Lercher alp (1,670 m) and on to the Upper Haidacher Alp (2,089 m). Walk to the former Haidacher Lake, which has turned into wide, swampy mountain pastures. The swampy area "Unterboden" is a protected biotope. From there return to your starting point.

Rest stop: Inn Pyramidencafé (tel. 0039 0474 401371)

### High Alpine Mountain Hike

Starting point: Refuge Pederü (1,548 m)

End point: Col Bechei (2,793 m)

Marking: 7, 10/11, white-red

Total length of path: about 17 km

Total walking time: 6-7 hrs.

Difference in altitude: 1,250 m

Level of difficulty: medium

Path description: Start at Pederü and walk along a gravel road and path which is mainly on the right side (marking 7) to the Fanes hut. Walk up to the Lé de Limo/Limo lake (marking 10/11) and then turn left (marking red-white). The path is rather steep and then leads through some gentle vales to the ruinous huts of the First World War. The path to the summit of the col Bechei is very steep. Return on the same path.

Rest stop: Refuge Pederü (tel. 0039 0474 501086), Refuge Fanes (tel. 0039 0474 501097), Refuge Lavarella (tel. 0039 0474 501079)

### Sas dla Para

Starting point: Refuge Pederü (1,548 m)

End point: Sas dla Para (2,460 m)

Marking: 7/9, white-red

Total length of path: about 9 km

Total walking time: 4-5 hrs.

Difference in altitude: 900 m

Level of difficulty: medium

Path description: Start in Pederü and walk left up a steep military road (marking 7/9) with numerous narrow bends to the mountain hut Fodara Vedla. Turn right (marking white-red) after the hut, cross the mountainside diagonally until you reach a small mountain nick, turn right again and walk up mountain pastures to the summit of the Sas dla Para. Return on the same path. Only experienced hikers should go down on the other side of the Sas dla Para.

Rest stop: Refuge Pederü (tel. 0039 0474 501086), Refuge Fodara Vedla (tel. 0039 0474 501093)

### Lanzwiesen alp

Starting point: Olang

End point: Lanzwiesen alp

Marking: 6, 6a, 6b

Total length of path: 6 km



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Total walking time: about 2 hrs.

Difference in altitude: 800 m

Level of difficulty: medium

Path description: Start in Mitterolang and walk along the path (marking 6a, 6) to the Angerer alp (1.300 m) and on to the Lanzwiesen alp. Walk back (marking 6b) to Bad Bergfall and then along the forest road to Mitterolang.

Rest stop: Angerer Alp Lanzwiesen Alp (tel. 0039 329 3263855)

### Culinary alp tour

Starting point: Olang

End point: Olang

Marking: 20, 57, 39

Total length of path: 20 km

Total walking time: 4 hrs.

Difference in altitude: 900 m

Level of difficulty: medium

Path description: Start in Oberolang and walk to the Brunst alp (marking 20), on to Brustriedl (marking 57) and to the mountain inn Walde. Return to Olang, passing the Saller farm (marking 39). The various farms and inns await you with culinary highlights.

Rest stop: Oberriedl farm (tel. 0039 0474 498088), Brunst alp, Inn Walde (tel. 0039 0474 944004)

### Anton-Schwingshackl-Path

Starting point: Onach

End point: Onach

Marking: 11s, red-white-red

Total length of path: about 18 km

Total walking time: about 5 hrs.

Difference in altitude: 1,100 m

Level of difficulty: medium

Path description: Start in Onach, go past the Inn Onach and walk past Hinteronach to the Wieser farm. The path (marking 11s) leads to the Welschellener Alp, to the Lüsner Col, to the Turnaretscher Alp (2,030 m) and on to the Glittner Lake (2,151 m). Walk down the Wieser Alp (marking 10) back to Onach.

Rest stop: Inn Onach (tel. 0039 0474 404500), Inn Messnerwirt (tel. 0039 0474 403180), Turnaretscher Hut (tel. 0039 0474 501236)

### Hörnecke und mountain path „Almweg 2000“ with view of the Dolomites

Starting point: valley road of St. Martin (1,276 m)

End point: Hörnecke (2,127 m)

Marking: 36, 52, red point, 10

Total length of path: about 13 km

Total walking time: 2 ½ hrs. to Hörnecke, 4 ½ hrs. with the mountain path "Almweg 2000"

Difference in altitude: 851 m

Level of difficulty: medium

Path description: Start at the valley road of St. Martin/Gsies and walk towards the west (marking 36) up to the Karbacher farm (1,440 m). You may also go by car to that point. In the Karbach valley walk along the stream until you reach a forest path on the right side (marking 52). Follow this path towards the southwest walking by steep hillsides. Go past hay huts and walk along the Vigeiner mountain pastures up to the cross on the summit of the Hörnecke (2,127 m). Walk along the mountain path "Almweg 2000" (marking red point) and walk towards the northeast to the Pfinn alp (2,152 m) and to the Ascht alp (1,950 m). Go down following the forest path (marking 10) to the hamlet Huiben and to St. Magdalena.

Rest stop: Karbacher farm (tel. 0039 0474 978438), Leach alp (tel. 0039 0474 978437), Ascht alp (tel. 0039 348 7282727)



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## Schwarz Lake and Villgraten valley

Starting point: St. Magdalena Talschluss hut (1,465 m)

End point: Schwarz Lake (2,455 m)

Marking: 12, 13

Total length of path: about 17 km

Total walking time: 6 hrs.

Difference in altitude: 990 m

Level of difficulty: medium

Path description: Start at the „Talschluss“ hut in St. Magdalena/Gsies and walk on the right side along the Talbach stream (marking 12) through the Pfoi valley up to the forest line, then straight on to the Pfoi alp (2,134 m). Walk up until you reach a parting of the way where you turn right (marking 13). Walk steeply up to the “Hintere Gsieser Lenke” (2,539 m, also called “Inneres Scharf!”) and shortly after you reach the Schwarz lake (2,455 m). Return on the same way (about 2 hrs. walk).

Rest stop: Uwald alp (tel. 0039 0474 948051)

## The Roman path

Starting point: village centre Welsberg (1,087 m)

End point: Toblach (1,241 m)

Marking: 41, 22

Total length of path: about 13 km

Total walking time: 6 hrs.

Difference in altitude: 700 m

Level of difficulty: medium

Path description: Start in Welsberg and walk between the houses up to the northeastern village edge. Shortly after turn right (marking 41) and follow the narrow street through meadows and woods to the farms Kammerlechn, Gradler and Karmann. Walk along the flat “Roman path” (marking 41). Then go down to the hamlet Radsberg which is situated northwest of Toblach. Walk on to Toblach through meadows and woods (marking 22).

Rest stop: Inn Jörgerhof in Ratsberg (tel. 0039 0474 972203)

## Lutterkopf

Starting point: Taisten, inn and farmhouse Mudlerhof (1,584 m)

End point: Lutterkopf (2,145 m)

Marking: 31, 38a

Total length of path: about 12 km

Total walking time: 5 hrs.

Difference in altitude: 561 mm

Level of difficulty: medium

Path description: Start at the inn Mudlerhof and walk along the street until it furcates. Turn left there and walk through the wood (marking 31) on forest paths towards Brunnerwiesen. Before you reach the meadows leave the forest path and walk towards the east (marking 31) through the wood, walk up to the forest line to reach the Lutterkopf (2,145 m). A mainly flat path (marking 31) leads down to a dip. After 15 minutes you reach the the Taistner Alp (1,992 m). Then walk back down to the inn and farmhouse Mudlerhof.

Rest stop: Mountain Inn Mudlerhof (tel. 0039 0474 950036), Taistner Alp (tel. 0039 340 3359611)

## Tour of mountain farmhouses

Starting point: Car park in the Lupwald street in Pfalzen

End point: Car par in the Lupwald street

Marking: 19, 19a, 18, 17

Total walking time: 4-5 hrs.

Difference in altitude: about 500 m

Level of difficulty: medium



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Path description: Start at the car park in the Lupwald street. A forest path (Via Dolorosa) leads up to the wood chips plant and straight on up (signs "Platten") to a parting of the ways. Turn west (sign "Forchner", marking 19) and go to the Forchner farm. Walk on (sign "Platten", marking 19a) to the ruinous "Wies" house and to the Geiger farm. Take the Kofl path (marking 18) to the mountain inn "Kofler am Kofl" walking by a small chapel. Walk along the "Kirchweg" (church path, marking 17) to the Zassler farm and on to the edge of the forest. Turn west at the gate, walk along the Panorama path (marking red point) to the "Bachstöckl" and along the Via Dolorosa back to the starting point.

Rest stop: Mountain Inn „Kofler am Kofl“ (tel. 0039 0474 528161)

### The „Stockpfarer“ mountain pastures

Starting point: Mountain Inn „Kofler am Kofl“(1,487 m)

End point: Mountain Inn „Kofler am Kofl“

Marking: 66, 68

Total walking time: 3 ½ hrs.

Difference in altitude: about 240 m

Level of difficulty: medium

Path description: Start at the Inn „Kofler am Kofl“ and walk along astony and partly steep pasture (marking 66) up to the edge of the forest. Then take the old „Almweg“ (mountain path, marking 66) to the „Stockpfarer" mountain pastures. Walk along the forest road on the right (sign „Pitzinger Alm") to the uninhabited „Lower Pitzinger Alp" (1,728 m). Go back down the steep old mountain path (marking 68) to the mountain inn "Kofler am Kofl". Do not make this tour on a bad day!

Rest stop: Mountain Inn Kofler am Kofl (tel. 0039 0474 528161)

### Village tour of Rasen

Starting point: Camping Corones in Niederrasen

End point: Camping Corones

Marking: blue-white

Total length of path: 8 km

Total walking time: 2 ½-3 hrs.

Difference in altitude: 170 m

Level of difficulty: medium

Path description: Start at the Camping Corones and walk along the edge of the forest (marking blue-white) slightly up to the Redensberger Road. Follow this road down and then turn left and walk up to the hunting lodge. Walk along the forest road on the right to the gate, along the edge of the forest and down to the picnic and barbecue area. Cross the main road and walk along the street to the Antholzer stream. Return to Niederrasen walking along the stream.

### Tour with view of the Dolomiten

Starting point: Parish church in Niederrasen

End point: Niederrasen

Marking: 21, 56

Total length of path: 9 km

Total walking time: 3-4 hrs.

Difference in altitude: 560 m

Level of difficulty: medium

Path description: Start in Niederrasen and walk along the "Gostner Krichsteig" (church path) above the church on the right side (marking 21) to Obergosten. Walk on to the farms "Feichter" and "Breitwiesen" and through the wood to the farm "Kirmle". Walk up for ten minutes to reach the Inn Mudlerhof. Follow the so-called "Imberger" path (marking 56) down to the farms "Oberstaller" and from there return to the starting point.

Rest stop: Inn Mudlerhof (tel. 0039 0474 950036)



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### **Mudler farm and Hochraut alp**

Starting point: Niederrasen

End point: Niederrasen

Marking: 20, 31b, 5

Total length of path: 9 km

Total walking time: 3 ½-4 hrs.

Difference in altitude: 730 m

Level of difficulty: medium

Path description: Start in Niederrasen and walk to the farms „Oberstaller“ and „Mudler“ (marking 31b) to the the Mudler Lake. Walk down to the Hochraut Alp (marking 5) and return to the starting point on the same path.

Rest stop: Inn Mudlerhof (tel. 0039 0474 950036), Hochraut Alp (tel. 0039 347 1137745)

### **Grünbach Lake and Putzenhöhe**

Starting point: Car park Gelenke in Hofern (1,610 m)

End point: Car park Gelenke in Hofern

Marking: 65, red-white-red

Total walking time: about 5-6 hrs.

Difference in altitude: about 840 m

Level of difficulty: medium

Path description: Start at the car park Gelenke in Hofern and walk along the mountain path (marking 65) to the Moarhof Alp, on to the Lower Grünbach Alp and the Upper Grünbach Alp and finally to the Grünbach Lake (2,258 m). Walk on to the Putzenhöhe (2,483 m) to enjoy a great view of the glaciers of the Zillertaler Alps and of the Mühlwalder valley with the Neves-dam. On the way back down you have several possibilities: you may go eastwards to the “Bärental” (bear valley) and pass the Bärentaler (or Perntaler) Alp or you can go westwards through the valley “Kaltwassertal” or you can go on to the Pichler mountain and down to Hofern and from there back to the starting point.

Rest stop: Moarhof Alp (tel. 0039 0474 565486)

### **Mountain & valley walk**

Starting point: Car park in the village Terenten (1,210 m)

End point: Astnerberg alp (1,610 m)

Marking: mill wheel, 8a, 8, 23, 5

Total length of path: 20 km

Total walking time: 3 hrs.

Difference in altitude: 350 m

Level of difficulty: medium

Path description: Start at the car park and go north (marking mill wheel) and take the forest path (marking 8a) shortly after the last mill. The path leads to Gols. Walk to the east (marking 8) and go down to the Winnebach valley and to the Astnerberg alp.

Rest stop: Astnerberg alp (tel. 0039 347 7692915)

### **Walk of mountain pastures and alps**

Starting point: Car park in the village Terenten (1,210 m)

End point: Village car park

Marking: 23, 29, 5c, 5a, 5

Total length of path: 30 km

Total walking time: 5 ½ hrs.

Difference in altitude: 900 m

Level of difficulty: medium

Path description: Start at the village car park and go east (marking 1, then 5) to the Winnebach valley and on to the Astnerberg Alp (marking 23). After a short ascent at the end of the valley (marking 23) there is a turnoff to the Hof



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Alp (marking 23). You will reach the hut after about 1 hour. About 300 m underneath the hut a path (marking 5c) leads to the Pertinger Alp without hardly any difference in altitude, on to the Nunewieser (marking 5a) and back to the starting point.

Rest stop: Pertinger alp (tel. 0039 348 9054028), Nunewieser (tel. 0039 0472 546163)

### **Antholzer Lake**

Starting point: Antholz Mittertal valley(1,250 m)

End point: Antholzer Lake (1,640 m)

Marking: 11, 1

Total length of path: 15 km

Total walking time: 5 hrs.

Difference in altitude: 400 m

Level of difficulty: medium

Path description: Start in Antholz Mittertal valley, past the sport fields to the Egger farms. Turn right shortly before reaching the farms and walk along the path (marking 11) to the lake. Go round the Antholzer Lake and follow the path which is left of the road (marking 1) back to the starting point.

Rest stop: Restaurant Huberalm (tel. 0039 0474 492343), Restaurant am See (tel. 0039 0474 492252), Residence Seehaus (tel. 0039 0474 492342), Sporthotel Wildgall (tel. 0039 0474 492136), Camping Antholz (tel. 0039 0474 492204)

### **Grente alp**

Starting point: Antholz Niedertal valley (1,135 m)

End point: Grente alp (2,002 m)

Marking: 6

Total length of path: 8 km

Total walking time: about 5 hrs.

Difference in altitude: about 900 m

Level of difficulty: medium

Path description: Turn left at the church in Antholz Niedertal valley and walk towards the farms „Maier“ and „Pfaffinger“. Walk up to the edge of the forest until you reach the Bichl stream and the rather steep mountain path (marking 6) which leads to the Grente alp.

Rest stop: Grente alp (tel. 0039 348 5845792)

### **Peitlerkofel tour**

Starting point: Col Würzjoch (2,006 m)

End point: Col Würzjoch

Marking: 8a, 4, 35, 8b

Total length of path: 13 km

Total walking time: 4-5 hrs.

Difference in altitude: 630 m

Level of difficulty: medium

Path description: Start at the car park of the col Würzjoch and walk along the Kompatsch meadows to the west side of the Peitlerkofel mountain. Walk to the nick Peitlerscharte (2,357 m). After a short and steep descent the way goes slightly up and down along the Peitler meadows to the col Gömajoch (2,111 m). Return to the starting point across woods and meadows on the north side of the Peitlerkofel mountain.

Rest stop: Mountain Inn Ütia de Börz (tel. 0039 0474 520066), Cir Hut (tel. 0039 347 8429300), Munt de Fornella Hut (tel. 0039 335 6166673), Vaciarra Hut (tel. 0039 339 7026003), Göma Hut (tel. 0039 347 4186136)

### **Tour of huts**

Starting point: Antermoia (1,515 m)



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End point: Antermoia

Total length of path: 18 km

Total walking time: 6 hrs.

Difference in altitude: 1,000 m

Level of difficulty: medium

Path description: Start at the village square in Antermoia. Go to Alfarëi and to the Maurerberg Hut. Walk on to the Pecol Hut and to the car park "Pè de Börz". Go through the forest and after 45 minutes you reach the col Würzjoch and the huts Ütia de Börz and Cir. You may also go by car or by public transport to these places. After a 20 minutes walk through wonderful flower meadows you reach the Fornella hut submontane of the north wall of the Peitlerkofel Mountain. Turn left and after 35 minutes through the "City of stone" (rockfall) you reach the last hut, the Göma Hut. Follow the marked path back to Antermoia.

Rest stop: Refuge Maurerberg (tel. 0039 0474 520059), Pecol Hut (tel. 0039 328 5631651), Mountain Inn Ütia de Börz (tel. 0039 0474 520066), Cir Hut (tel. 0039 347 8429300), Munt de Fornella Hut (tel. 0039 335 6166673), Ütia de Göma Hut (tel. 039 347 4186136)