

# TOP EVENTS IN VAL CASIES - MONGUELFO - TESIDO



## THE VAL CASIES VALLEY DUMPLING MARATHON

If you burn off calories, then you're certainly entitled to eat well. There is no other event which combines sports, incomparably beautiful countryside and unique gastronomic delights better than the Val Casies Valley Dumpling Marathon. You can enjoy various dumplings from 11.00 a.m. to 4.00 p.m. by the participant restaurants along the cross - country track in the Val Casies Valley. Information by the Tourist Association Val Casies Valley - Monguelfo - Tesido, T. +39 0474 978436.

Town: Val Casies Valley

On 12.01.2020

Sunday: 11:00 - 16:00 o'clock



## GRAN FONDO VAL CASIES - GSIESER TAL LAUF

This loved ski marathon has been taking place in the Val Casies Valley, in the holiday destination of Plan de Corones/Alto Adige. Since its start in 1984, this event has never been cancelled. Not even in 2015, the very first year in which it did not snow, the Gsiesertal Lauf still took place thanks to the perfect artificial snow, guaranteed on the 42 km route. Since the very beginning of this sport event, this race has become one of the most well-known and attended races in the whole mountains, totalling 64,131 skiers who crossed the finishing line. It is an international event as there are over 30 represented countries. The race runs along two routes: 30 km and 42 km. Saturday at 10.10 a.m. skiers will compete using the classic style, while Sunday at 10.00 a.m. will see them competing using the skating style. The 26th MINI - Gsieser will also take place on Saturday at 3.30 p.m.

Town: Gsieser Valley

On 15.02.2020

Saturday: 10:00 - 00:00 o'clock

On 16.02.2020

Sunday: 10:00 - 00:00 o'clock